

LUNCH-
MENU SUBJECT TO
CHANGE

SEPTEMBER 2019

FULTON CITY SCHOOLS – FJH 7 & 8 Grade



Monday



2

Tuesday

Teacher Orientation Day 3
Sept 4th – 1-6 – Elementary
Kindergarten Orientation
7 up day – JRH
Freshman First Day- GRB
Sept 30th-K-12 Collaboration/Early Dis-
missal

Wednesday

WG Stuffed Crust Pizza 4

Steamed Broccoli
Fresh NYS Apple Slices
Choice of Milk

Thursday

WG Chicken Smackers /Dinner Roll 5

Carrot Coins
Chilled Peaches/Fresh Fruit
Choice of Milk

Friday

WG Hamburger or Cheeseburger 6

Emoticon /Smile Fries
Whole Fruit Cup
Choice of Milk

WG Texas Toast Grilled Cheese Sandwich 9

Tomato Soup/Goldfish Crackers
Green Beans
Fresh NYS Apple Slices
Choice of Milk

WG Chicken Smackers /Dinner Roll 10

Carrot Coins
Chilled Peaches/Fresh Fruit
Choice of Milk

WG Pizza Crunchers/Sauce 11

Tossed Salad/Dressing
Steamed Broccoli
Chilled Pears
Choice of Milk

Brunch Lunch- Egg Patty/ Sausage /WG Bagel 12

Tater Tots
Spinach
100% Fruit/Veggie Juice
Choice of Milk

WG Hotdog on Bun 13

Butternut Squash
Whole Fruit Cup
Choice of Milk

WG Macaroni & Cheese 16

Tomato Soup/Goldfish Crackers
Green Beans
Fresh NYS Apples
Choice of Milk

WG Chicken & Mashed Potato Bowl w/Gravy & WG Biscuit 17

Butternut Squash
Chilled Peaches/ Fresh Fruit
Choice of Milk

WG Fiestada Pizza 18

Steamed Broccoli
Chilled Pears/Fresh Fruit
Choice of Milk

Turkey Taco Filling on Romaine in WG Edibowl,w Cheese/Salsa. 19

Corn
Baked Beans
Mixed Fruit/Fresh Fruit
Choice of Milk

WG Hamburger or Cheeseburger 20

Curly Fries/Carrots
Whole Fruit Cup
Choice of Milk

WG Texas Toast Grilled Cheese Sandwich 23

Tomato Soup/Goldfish Crackers
Green Beans
Fresh NYS Apple Sauce
Choice of Milk

WG Chicken Patty On Bun 24

Carrot Coins
Chilled Peaches/Fresh Fruit
Choice of Milk

WG Pizza & Wings 25

Side Salad/Dressing
Spinach
Chilled Pears/Fresh Fruit
Choice of Milk

Pasta W/Sauce /Garlic Bread 26

Steamed Corn/Broccoli
Mixed Fruit/Fresh Fruit
Choice of Milk

WG BBQ Ribbie on bun 27

Sweet Potato Fries/Peas
Whole Fruit Cup
Choice of Milk

COLLABORATION DAY 30

K-12 EARLY DISMISSAL

PBJ Meals Available
All meals must be consumed
on the premises



FULTON CITY SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Fulton City Schools operate under the Community Eligibility Program. All Students are eligible to receive one FREE complete BREAKFAST and LUNCH per day!

Smuckers PBJ Meals Available Daily – Cheese Stick, WG Snack, Veggie and Fruit, Milk - Fresh Fruit

Second Choice – Mon and Wed – Tuna Sub, Tues and Thurs – Chicken Fajita Wrap, Friday – Turkey or Ham on Kaiser or Pretzel Bun