

JANUARY 2019

K-8 Lunch Menus

FULTON CITY SCHOOLS operate under the Community Eligibility Program
All Students are eligible to receive one FREE complete LUNCH and BREAKFAST meal per day



Monday

Tuesday

Wednesday

Thursday

Friday



GRILLED CHEESE SANDWICH 7

GREEN BEANS
TOMATO SOUP & CRACKERS
CHILLED PEARS
MILK - CHOICE

CHICKEN TENDERS W/ BISCUIT 8

MASHED POTATOES/GRAVY
CARROTS
MIXED FRUIT
MILK - CHOICE

PERSONAL CHEESE PIZZA 9

STEAMED BROCCOLI
BUTTERNUT SQUASH
CHILLED PEACHES
CHOICE OF MILK

TURKEY TACOS W/ CHEDDAR AND SALSA 10

VEGGIE BEANS
CORN
FRESH FRUIT

HAMBURGER OR CHEESEBURGER ON WG BUN 11

FRENCH FRI FRIDAY
PEAS
WHOLE FRUIT SORBET
MILK - CHOICE

CHICKEN AND CHEDDAR FAJITA WRAP W/ SALSA 14

CARROTS
PEAS
CHILLED PEARS
MILK - CHOICE

POPCORN CHICKEN/ BREADSTICK 15

SWEET POTATO FRIES
GREEN BEANS
APPLESAUCE CUP
MILK

STUFFED CRUST CHEESE PIZZA 16

STEAMED BROCCOLI
BUTTERNUT SQUASH
CHILLED PEACHES
CHOICE OF MILK

TURKEY HOTDOG W/ CHILI 17

VEGGIE BEANS
CORN
FRESH FRUIT

HOMEMADE PASTA AND MEATBALLS W/ GARLIC BREAD 18

SPINACH
WHOLE FRUIT SORBET
MILK - CHOICE



CHICKEN TENDERS W/ BISCUIT 22

MASHED POTATOES/GRAVY
CARROTS
MIXED FRUIT
MILK - CHOICE

CHEESE PIZZA 23

STEAMED BROCCOLI
BUTTERNUT SQUASH
CHILLED PEACHES
CHOICE OF MILK

TURKEY TACOS W/ CHEDDAR AND SALSA 24

VEGGIE BEANS
CORN
FRESH FRUIT

HAMBURGER OR CHEESEBURGER ON WG BUN 25

FRENCH FRI FRIDAY
PEAS
WHOLE FRUIT SORBET
MILK - CHOICE

GRILLED CHEESE SANDWICH 28

GREEN BEANS
TOMATO SOUP & CRACKERS
CHILLED PEARS
MILK - CHOICE

CHICKEN NUGGETS/ ROLL 29

CARROTS
GREEN BEANS
APPLESAUCE CUP
MILK

SMART CHEESE PIZZA 30

STEAMED BROCCOLI
BUTTERNUT SQUASH
CHILLED PEACHES
CHOICE OF MILK

TURKEY HOTDOG ON BUN 31

VEGGIE BEANS
CORN
FRESH FRUIT

